

# Summerhill Assisted Living

## June 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b>	<b>2</b>
					9:00a This Week's Bible Study (Library) 9:00a Errands to Depot Square/ Library (Please sign up by 8:30 am) 9:30a Morning Stretch with Deb (MI) 10:00a Trivia/Brain Games with Deb (MI) 10:45a Exercises with Sheila (MR) 1:15p Walking Group with Deb 2:30p Root Beer Floats with Deb! (Outside, weather permitting) 4:00p Trivia Time with Caitlyn (Pub) 6:30p Movie Night: (Pub)	10:00a Morning Stretch with Caitlyn (MI) 10:15a Brain Games/ Reminiscing with Caitlyn (MI) 10:45a AL Bingo with Special Games (AR) 10:45a Saturday Sing-along (MI) 1:30p Walking Group with Joanne (Lobby) 1:45p Saturday Matinee (LB) 2:30p Classical Music Appreciation with Joanne (LB) 4:00p Trivia with Joanne (Pub) 6:30p Movie Night: (Pub)
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
9:00a Sunday Newspapers (Country Kitchen) 1:30p Resident Games: Bananagrams! (SR) 3:30p Lutheran Service and Hymn Sing (MI)	9:00a Errands to Shaw's/ CVS/ Library (Please sign up) 9:30a Morning Stretch with Deb (MI) 10:00a Dance/Movement Therapy with Mary Armstrong (MI) 10:00a Trivia/Wordgames with Deb (MI) 10:30a Oldies Sing-Along (MI) 1:15p Reading Group with Margot (MI) 1:30p Outing to Peterborough Library (Front Entrance) 2:45p Spiritual Conversation with Barbara (LB) 4:00p Trivia with Joanne (Pub) 6:30p Movie Night (Pub)	9:30a Brain Games/Morning Stretch with Caitlyn (MI) 9:30a Free Rice with Deb (MR) 10:15a Sing Along with Mary Ann Fleming (MI) 10:45a Tuesday Bingo with Sandy or Deb (AR) 12:45p Hymn Sing with the Choppy Choir (MI) 1:30p Lobby Shop (1:30-3:30) 1:30p Read Aloud Group with Joanne (Library) 3:00p Walking Group with Deb (Lobby) 4:00p Tuesday Trivia with Joanne (Pub) 6:30p Movie Night (Pub)	<b>HAPPY BIRTHDAY, BETTY L!!</b> 9:00a Errands to RiteAid/ Library 9:30a Wednesday Warm-up with Caitlyn (MI) 10:00a Morning Social and Sing-along (MI) 10:45a Exercise w/Sheila (MR) 11:00a Pet Visits from MHS 1:30p Scrabble with Ruth Wright (LR) 1:30p Gametime with Joanne (SR) 2:00p Rosary (MI) 2:30p Summerhill Book Club (Library) 4:00p Ann Curtis (Pub) 6:30p Word Games with Cathy (LR)	<b>HAPPY BIRTHDAY, POLLY C!!</b> 9:30a Morning Stretch/Sing-Along with Caitlyn (MI) 9:30a Yoga with Mibs Pell (MR) 10:30a Communion (LB) 10:30a Weekly Worship with Barbara Harlow (MI) 10:45a Bingo with Sandy (AR) 1:30p Lobby Shop (1:30-3:30) 2:00p Pet Visits with Kim and Minka 2:00p Memory Cafe with Joan Marcoux (MR) 2:30p Gametime with Deb (SR) 4:00p Chillin' n' Grillin and Jarvis! (One Seating, Outside) 6:00p Thursday Night Movie (LB)	9:00a This Week's Bible Study (Library) 9:00a Errands to Depot Square/ Library (Please sign up by 8:30 am) 9:30a Morning Stretch with Deb (MI) 10:00a Trivia/Brain Games with Deb (MI) 10:45a Exercises with Sheila (MR) 1:30p Music with Folk Soul Duo (MR) 3:00p Walking Group with Deb (Front Entrance) 4:00p Trivia Time with Caitlyn (Pub) 6:30p Movie Night (Pub)	10:00a Morning Stretch with Caitlyn (MI) 10:15a Brain Games/ Reminiscing with Caitlyn (MI) 10:45a AL Bingo with Special Games (AR) 10:45a Saturday Sing-along (MI) 1:30p Walking Group with Joanne (Lobby) 1:45p Saturday Matinee (LB) 2:30p Gametime with Joanne (SR) 4:00p Trivia with Joanne (Pub) 4:00p Saxophone Music with Mike Wakefield (Pub) 6:30p Movie Night (Pub)
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
9:00a Sunday Newspapers (Country Kitchen) 11:00a Sing-Along with Jarvis (MI) 1:30p Resident Games: Bananagrams! (SR) 2:30p Sunday Matinee (Pub)	9:00a Errands to Shaw's/ CVS/ Library (Please sign up by 8:30 am) 9:30a Morning Stretch with Deb (MI) 10:00a Visit From Mountain Shadows First Graders! 10:30a Oldies Sing-Along (MI) 1:15p Reading Group with Margot (MI) 1:30p Scenic Ride with Deb (Please sign up) 2:45p Spiritual Conversation with Barbara (LB) 4:00p Piano Music with Bob Fettegrew (Pub) 6:30p Movie Night (Pub)	9:00a Chef Chat with Aylmer (DR) 9:30a Brain Games/Morning Stretch with Caitlyn (MI) 9:30a Free Rice with Deb (MR) 10:15a Sing Along with Caitlyn (MI) 10:45a Tuesday Bingo with Sandy or Deb (AR) 1:30p Lobby Shop (1:30-3:30) 1:30p Read Aloud Group with Joanne (Library) 3:00p Walking Group with Deb (Lobby) 4:00p Tuesday Trivia with Joanne (Pub) 6:30p Movie Night (Pub)	<b>HAPPY BIRTHDAY, JEAN PETERS!!</b> 9:00a Errands to RiteAid/ Library 9:30a Wednesday Warm-up with Caitlyn (MI) 10:00a Morning Social and Sing-along (MI) 10:45a Exercise w/Sheila (MR) 11:00a Pet Visits from MHS 1:00p Walking Group with Deb (Lobby) 2:30p Scrabble with Ruth Wright (LR) 2:30p Gametime with Joanne (SR) 4:00p Ann Curtis (Pub) 6:30p Word Games with Cathy (LR)	<b>TODAY IS FLAG DAY!</b> 9:30a Morning Stretch with Caitlyn (MI) 9:30a Yoga with Mibs Pell (MR) 9:30a Outing to Saint-Gaudens 10:00a Trivia Time with Caitlyn (MI) 10:30a Old Fashioned Sing-along (MI) 10:45a Bingo with Sandy (AR) 1:30p Lobby Shop (1:30-3:30) 2:00p Pet Visits with Kim and Minka 2:00p Note: Catholic Mass is cancelled 4:00p Chillin' n' Grillin and Jarvis! (One Seating, Outside) 6:00p Thursday Movie (LB)	9:00a Errands to Depot Square/ Library (Please sign up by 8:30 am) 9:30a Morning Stretch with Deb (MI) 10:00a This Week's Bible Study (Library) 10:00a Trivia/Brain Games with Deb (MI) 10:45a Exercises with Sheila (MR) 1:15p Walking Group with Deb 2:30p Baking/Cooking Group with Deb (CK) 4:00p Trivia Time with Caitlyn (Pub) 6:30p Movie Night (Pub)	<b>HAPPY BIRTHDAY, DON D!!</b> 10:00a Morning Stretch with Caitlyn (MI) 10:15a Brain Games/ Reminiscing with Caitlyn (MI) 10:45a AL Bingo with Special Games (AR) 10:45a Saturday Sing-along (MI) 1:30p Walking Group with Joanne (Lobby) 1:45p Saturday Matinee (LB) 2:30p "All About Birds" with Joanne (SR) 4:00p Trivia with Joanne (Pub) 6:30p Movie Night (Pub)
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>HAPPY FATHER'S DAY!!</b> 9:00a Sunday Newspapers (Country Kitchen) 1:30p Resident Games: Bananagrams! (SR) 2:30p Sunday Matinee (Pub)	9:00a Errands to Shaw's/ CVS/ Library (Please sign up by 8:30 am) 9:30a Morning Stretch with Deb (MI) 10:00a Trivia/Wordgames with Deb (MI) 10:30a Oldies Sing-Along (MI) 1:15p Reading Group with Margot (MI) 1:30p Scenic Ride with Deb (Please sign up) 2:45p Spiritual Conversation with Barbara (LB) 4:00p Guitar Music with Chris Ekblom (Pub) 6:30p Movie Night (Pub)	9:00a Outing to Hampton Beach! (Be sure you've signed up) 9:30a Brain Games/Morning Stretch with Joanne (MI) 10:30a Sing Along with Joanne (MI) 10:45a Tuesday Bingo with Sandy or Deb (AR) 12:45p Hymn Sing with the Choppy Choir (MI) 1:30p Lobby Shop (1:30-3:30) 1:30p Read Aloud Group with Joanne (Library) 3:00p Walking Group (Lobby) 4:00p Tuesday Trivia with Joanne (Pub) 6:30p Movie Night (Pub)	9:00a Errands to RiteAid/ Library 9:30a Wednesday Warm-up with Deb (MI) 10:00a Morning Social and Sing-along (MI) 10:45a Exercise w/Sheila (MR) 11:00a Pet Visits from MHS 1:00p Walking Group with Deb (Lobby) 2:00p Rosary (MI) 2:30p Scrabble with Ruth Wright (LR) 2:30p Gametime with Joanne (SR) 4:00p Ann Curtis (Pub) 6:30p Word Games with Cathy (LR)	Summer Begins! 9:30a Morning Stretch/Sing-Along with Joanne (MI) 9:30a Yoga with Mibs Pell (MR) 10:30a Communion (LB) 10:30a Weekly Worship with Barbara Harlow (MI) 10:45a Bingo with Sandy (AR) 1:30p Lobby Shop (1:30-3:30) 2:00p Pet Visits with Kim and Minka 2:15p UCC Worship with Pastor Bob (MI) 2:30p Gametime with Deb (SR) 4:00p Chillin' n' Grillin and Jarvis! (One Seating, Outside) 6:00p Thursday Night Movie (LB)	9:00a This Week's Bible Study (Library) 9:00a Errands to Depot Square/ Library (Please sign up by 8:30 am) 9:30a Morning Stretch with Deb (MI) 10:00a Trivia/Brain Games with Deb (MI) 10:45a Exercises with Sheila (MR) 1:30p Cardmaking with Tarnie (CK) 2:30p Ice Cream Social! (Outside, weather permitting) 4:00p Trivia Time with Jodi (Pub) 6:30p Movie Night (Pub)	<b>HAPPY BIRTHDAY, JEAN PALMER!!</b> 10:00a Morning Stretch with Joanne (MI) 10:15a Brain Games/ Reminiscing with Joanne (MI) 10:45a AL Bingo with Special Games (AR) 10:45a Saturday Sing-along (MI) 1:30p Walking Group with Joanne (Lobby) 1:45p Saturday Matinee (LB) 2:30p Gametime with Joanne (SR) 4:00p Trivia with Joanne (Pub) 4:00p Saxophone Music with Mike Wakefield (Pub) 6:30p Movie Night (Pub)
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>HAPPY BIRTHDAY, RHODA H!!</b> 9:00a Sunday Newspapers (Country Kitchen) 11:00a Sing-Along with Jarvis (MI) 1:30p Resident Games: Bananagrams! (SR) 2:30p Sunday Matinee (Pub)	9:00a Errands to Shaw's/ CVS/ Library (Please sign up by 8:30 am) 9:30a Morning Stretch with Deb (MI) 10:00a Trivia/Wordgames with Deb (MI) 10:30a Oldies Sing-Along (MI) 1:15p Reading Group with Margot (MI) 1:30p Scenic Ride with Deb (Please sign up) 2:45p Spiritual Conversation with Barbara (LB) 4:00p Music with Folk Soul Duo (Pub) 6:30p Movie Night (Pub)	9:30a Brain Games/Morning Stretch with Joanne (MI) 9:30a Free Rice with Deb (MR) 10:15a Sing Along with Caitlyn (MI) 10:45a Tuesday Bingo with Sandy or Deb (AR) 1:30p Lobby Shop (1:30-3:30) 1:30p Read Aloud Group with Joanne (Library) 2:00p Episcopal Service with Rev. Jamie (MI) 3:00p Walking Group with Deb (Lobby) 4:00p Tuesday Trivia with Joanne (Pub) 6:30p Movie Night (Pub)	<b>HAPPY BIRTHDAY, PAT M!!</b> 9:00a Errands to RiteAid/ Library 9:30a Wednesday Warm-up with Joanne (MI) 10:00a Morning Social and Sing-along (MI) 10:45a Exercise w/Sheila (MR) 11:00a Pet Visits from MHS 1:00p Walking Group with Deb (Lobby) 2:00p Rosary (MI) 2:30p Scrabble with Ruth Wright (LR) 2:30p Gametime with Joanne (SR) 4:00p Ann Curtis (Pub) 6:30p Word Games with Cathy (LR)	9:30a Morning Stretch/Sing-Along with Caitlyn (MI) 9:30a Yoga with Mibs Pell (MR) 10:30a Communion (LB) 10:30a Weekly Worship with Barbara Harlow (MI) 10:45a Bingo with Sandy (AR) 1:30p Lobby Shop (1:30-3:30) 1:30p Walking Group with Deb (Lobby) 2:00p Pet Visits with Kim and Minka 2:30p Gametime with Deb (SR) 4:00p Chillin' n' Grillin and Jarvis! (One Seating, Outside) 6:00p Thursday Night Movie (LB)	9:00a This Week's Bible Study (Library) 9:00a Errands to Depot Square/ Library (Please sign up by 8:30 am) 9:30a Morning Stretch with Deb (MI) 10:00a Trivia/Brain Games with Deb (MI) 10:45a Exercises with Sheila (MR) 1:15p Walking Group with Deb 2:30p Gametime with Jodi (CK) 4:00p Trivia Time with Jodi (Pub) 6:30p Movie Night (Pub)	10:00a Morning Stretch with Joanne (MI) 10:15a Brain Games/ Reminiscing with Joanne (MI) 10:45a AL Bingo with Special Games (AR) 10:45a Saturday Sing-along (MI) 1:30p Walking Group with Joanne (Lobby) 1:45p Saturday Matinee (LB) 2:30p Gametime with Joanne (SR) 4:00p Trivia with Joanne (Pub) 6:30p Movie Night (Pub)