

Summerhill Assisted Living

September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00a Brain Games with Caitlyn (MI) 10:15a Morning Stretch with Caitlyn (MI) 10:45a AL Bingo with Special Games (AR) 10:45a Saturday Sing-along (MI) 1:30p Walking Group with Joanne (Lobby) 1:45p Saturday Matinee (LB) 2:30p Games with Joanne (SR) 4:00p Trivia with Joanne (Pub) 6:30p Movie Night (Pub)
2 HAPPY BIRTHDAY, JOAN B & DAVID J! 9:00a Sunday Newspapers (Country Kitchen) 1:30p Resident Games! (SR) 2:00p Sunday Afternoon Opera: "Aida" (Pub)	3 HAPPY BIRTHDAY, JOAN G & NANCY C! HAPPY LABOR DAY!! We hope you all have a wonderful holiday! 4:00p Trivia with Tory (Pub) 6:30p Movie Night (Pub)	4 9:30a Brain Games/Morning Stretch with Caitlyn (MI) 10:15a Oldies Sing Along (MI) 10:45a Tuesday Bingo with Sandy or Deb (AR) 12:45p Hymn Sing with the Choppy Choir (MI) 1:30p Lobby Shop (1:30-3:30) 1:30p Read Aloud Group with Joanne (Library) 3:00p Walking Group with Deb (Lobby) 4:00p Tuesday Trivia with Joanne (Pub) 6:30p Movie Night (Pub)	5 9:00a Errands to RiteAid/Library 9:30a Brain Games with Caitlyn (MI) 10:00a Wednesday Warm-up with Caitlyn (MI) 10:45a Exercise w/Sheilla (MR) 11:00a Pet Visits from MHS 2:00p Rosary (MI) 2:30p Games with Joanne (SR) 2:30p Scrabble with Ruth (LR) 4:00p Sing-Along with Ann Curtis (Pub) 6:30p Conversations with Cathy (LR)	6 9:30a Yoga with Chris (MR) 9:30a Trivia/Stretch/Sing-Along with Caitlyn (MI) 10:30a Weekly Worship (MI) 10:30a Communion (Library) 10:45a Bingo! (AR) 1:15p Walking with Deb (Lobby) 1:30p Lobby Shop (1:30-3:30) 2:00p Memory Cafe with Mark Fernald (MR) 2:00p Pet Visit with Minka 4:15p Chillin n' Grillin and Jarvis! 6:00p Thursday Movie (LB)	7 HAPPY BIRTHDAY, EMILY M!! 9:00a Bible Study (Library) 9:00a Errands to Depot Square 9:30a Morning Stretch with Deb (MI) 10:00a Trivia with Deb (MI) 10:30a Morning Sing-Along (MI) 10:45a Exercises w/Sheilla (MR) 1:30p Walking w/Deb (Lobby) 2:30p Gametime with Deb: Scrabble (SR) 4:00p Trivia Time with Caitlyn (Pub) 6:30p Movie Night (Pub)	8 10:00a Brain Games/Reminiscing/Morning Stretch with Caitlyn (MI) 10:45a AL Bingo with Special Games (AR) 10:45a Saturday Sing-along (MI) 1:30p Walking Group with Joanne (Lobby) 1:45p Saturday Matinee (LB) 2:30p "World of Music" with Joanne (LB) 4:00p Saxophone Music with Mike Wakefield (Pub) 6:30p Movie Night (Pub)
9 9:00a Sunday Newspapers (Country Kitchen) 11:00a Sing-Along with Jarvis (MI) 1:30p Resident Games! (SR) 1:45p Sunday Matinee (Pub)	10 Rosh Hashanah 9:00a Errands to Shaw's/CVS/Library (Please sign up) 9:30a Trivia/Wordgames with Deb (MI) 10:00a Morning Stretch with Deb (MI) 10:30a Oldies Sing-Along (MI) 1:15p Reading Group with Margot (MI) 1:30p Outing to the Merrimack Outlets (Please sign up) 2:45p "The Monday Uplift" with Barbara (Meadows II) 4:00p Trivia with Joanne (Pub)	11 Today is Patriot Day (9/11) 9:00a Chef Chat w/Aylmer (DR) 9:30a Free Rice with Deb (MR) 9:30a Brain Games/Morning Stretch with Caitlyn (MI) 10:15a Sing Along with Mary Ann Fleming (MI) 10:45a Tuesday Bingo (AR) 1:30p Lobby Shop (1:30-3:30) 1:30p Read Aloud Group with Joanne (Library) 3:00p Walking with Deb (Lobby) 4:00p Folk Soul Duo (Pub) 6:30p Movie Night (Pub)	12 9:00a Errands to RiteAid/Library 9:30a Brain Games with Caitlyn (MI) 10:00a Wednesday Warm-up with Caitlyn (MI) 10:45a Exercise w/Sheilla (MR) 11:00a Pet Visits from MHS 2:00p Rosary (MI) 2:30p Games with Joanne (SR) 2:30p Scrabble with Ruth (LR) 4:00p Sing-Along with Ann Curtis (Pub) 6:30p Conversations with Cathy (LR)	13 9:30a Yoga with Mibs (MR) 9:30a Men's Club (Pub) 9:30a Trivia/Stretch/Sing-Along w/Caitlyn (MI) 10:30a Weekly Worship (MI) 10:45a Bingo! (AR) 1:15p Walking with Deb (Lobby) 1:30p Lobby Shop (1:30-3:30) 2:00p Catholic Mass (MR) 2:00p Pet Visit with Minka 2:30p Mexican Train w/Deb (SR) 4:15p Chillin n' Grillin and Jarvis! 6:00p Thursday Movie (LB)	14 9:00a Bible Study (Library) 9:00a Errands to Depot Square/Library 9:30a Morning Stretch with Deb (MI) 10:00a Trivia/Brain Games with Deb (MI) 10:30a Morning Sing-Along (MI) 10:45a Exercises with Sheilla (MR) 1:30p Walking w/Deb (Lobby) 2:30p Cooking/Baking Group with Deb (CK) 4:00p Trivia with Caitlyn (Pub) 6:30p Movie Night (Pub)	15 Walk for Alzheimers!! 10:00a Brain Games/Reminiscing/Morning Stretch with Caitlyn (MI) 10:45a AL Bingo with Special Games (AR) 10:45a Saturday Sing-along (MI) 1:30p Walking Group with Joanne (Lobby) 1:45p Saturday Matinee (LB) 2:30p Games with Joanne (SR) 4:00p Trivia with Joanne (Pub) 6:30p Movie Night (Pub)
16 9:00a Sunday Newspapers (Country Kitchen) 1:30p Resident Games! (SR) 1:45p Sunday Matinee (Pub)	17 9:00a Errands to Shaw's/CVS/Library (Please sign up) 9:30a Trivia/Wordgames with Deb (MI) 10:00a Morning Stretch with Deb (MI) 10:30a Oldies Sing-Along (MI) 1:15p Reading Group with Margot (MI) 1:30p Outing to the Merrimack Outlets (Please sign up) 2:45p "The Monday Uplift" with Barbara (Meadows II) 4:00p Music with Chris Ekblom (Pub)	18 9:30a Free Rice with Deb (MR) 9:30a Brain Games/Morning Stretch with Caitlyn (MI) 10:15a Sing Along with Mary Ann Fleming (MI) 10:45a Tuesday Bingo (AR) 12:45p Hymn Sing with the Choppy Choir (MI) 1:30p Lobby Shop (1:30-3:30) 1:30p Read Aloud Group with Joanne (Library) 3:00p Walking w/Deb (Lobby) 4:00p Tuesday Trivia with Joanne (Pub) 6:30p Movie Night (Pub)	19 9:00a Errands to RiteAid/Library 9:30a Brain Games with Caitlyn (MI) 10:00a Wednesday Warm-up with Caitlyn (MI) 10:45a Exercise w/Sheilla (MR) 11:00a Pet Visits from MHS 1:30p Games with Joanne (SR) 1:30p Scrabble with Ruth (LR) 2:00p Rosary (MI) 2:30p SH Book Club (Library) 4:00p Sing-Along with Ann Curtis (Pub) 6:30p Conversations with Cathy (LR)	20 9:30a Yoga with Chris (MR) 9:30a Trivia/Stretch/Sing-Along w/Caitlyn (MI) 10:30a Weekly Worship (MI) 10:30a Communion (Library) 10:45a Bingo! (AR) 1:15p Walking with Deb (Lobby) 1:30p Lobby Shop (1:30-3:30) 2:00p UCC Worship with Pastor Bob (MI) 2:00p Pet Visit with Minka 2:30p Scrabble with Deb (SR) 4:15p Chillin n' Grillin and Jarvis! 6:00p Thursday Movie (LB)	21 9:00a Bible Study (Library) 9:00a Errands to Depot Square/Library 9:30a Morning Stretch with Deb (MI) 10:00a Trivia/Brain Games with Deb (MI) 10:30a Morning Sing-Along (MI) 10:45a Exercises with Sheilla (MR) 1:30p Cardmaking with Tamie (CK) 1:30p Walking w/Deb (Lobby) 4:00p Trivia with Caitlyn (Pub) 6:30p Movie Night (Pub)	22 10:00a Brain Games/Reminiscing/Morning Stretch with Caitlyn (MI) 10:45a AL Bingo with Special Games (AR) 10:45a Saturday Sing-along (MI) 1:30p Walking Group with Joanne (Lobby) 1:45p Saturday Matinee (LB) 2:30p "Crafternoon" with Joanne (SR) 4:00p Saxophone Music with Mike Wakefield (Pub) 6:30p Movie Night (Pub)
23 Autumn Begins! 9:00a Sunday Newspapers (Country Kitchen) 11:00a Sing-Along with Jarvis (MI) 1:30p Resident Games! (SR) 1:45p Sunday Matinee (Pub)	24 9:00a Errands to Shaw's/CVS/Library (Please sign up) 9:30a Trivia/Wordgames with Deb (MI) 10:00a Morning Stretch with Deb (MI) 10:30a Oldies Sing-Along (MI) 1:15p Reading Group with Margot (MI) 1:30p Scenic Ride with Deb (Please sign up) 2:45p "The Monday Uplift" with Barbara (Meadows II) 4:00p Piano Music with Bob Pettegrew (Pub)	25 9:30a Free Rice with Deb (MR) 9:30a Brain Games/Morning Stretch with Caitlyn (MI) 10:15a Sing Along with Mary Ann Fleming (MI) 10:45a Tuesday Bingo (AR) 1:30p Lobby Shop (1:30-3:30) 1:30p Read Aloud Group with Joanne (Library) 2:00p Episcopal Service with Rev. Jamie (MI) 3:00p Walking w/Deb (Lobby) 4:00p Tuesday Trivia with Joanne (Pub) 6:30p Movie Night (Pub)	26 9:00a Errands to RiteAid/Library 9:30a Brain Games with Caitlyn (MI) 10:00a Wednesday Warm-up with Caitlyn (MI) 10:45a Exercise w/Sheilla (MR) 11:00a Pet Visits from MHS 2:00p Rosary (MI) 2:30p Games with Joanne (SR) 2:30p Scrabble with Ruth (LR) 4:00p Sing-Along with Ann Curtis (Pub) 6:30p Conversations with Cathy (LR)	27 9:30a Yoga with Chris (MR) 9:30a Trivia/Stretch/Sing-Along w/Caitlyn (MI) 10:30a Weekly Worship (MI) 10:30a Communion (Library) 10:45a Bingo! (AR) 1:15p Walking with Deb (Lobby) 1:30p Lobby Shop (1:30-3:30) 2:00p Pet Visit with Kim and Minka 2:30p Gametime with Deb: Kings on the Corner (SR) 4:15p Oktoberfest! 6:00p Thursday Movie (LB)	28 9:00a Bible Study (Library) 9:00a Errands to Depot Square/Library 9:30a Morning Stretch with Deb (MI) 10:00a Trivia/Brain Games with Deb (MI) 10:30a Morning Sing-Along (MI) 10:45a Exercises with Sheilla (MR) 1:00p Walking w/Deb (Lobby) 2:00p Music with Folk Soul Duo (MR) 4:00p Trivia with Caitlyn (Pub) 6:30p Movie Night (Pub)	29 HAPPY BDAY, SHIRLEY B!! 10:00a Brain Games/Reminiscing/Morning Stretch with Caitlyn (MI) 10:45a AL Bingo with Special Games (AR) 10:45a Saturday Sing-along (MI) 1:30p Walking Group with Joanne (Lobby) 1:45p Saturday Matinee (LB) 2:30p Games with Joanne (SR) 4:00p Trivia with Joanne (Pub) 6:30p Movie Night (Pub)
30 9:00a Sunday Newspapers (Country Kitchen) 1:30p Resident Games! (SR) 1:45p Sunday Matinee (Pub)						