

Summerhill Assisted Living

August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			<p>HAPPY BIRTHDAY, BEV K! 9:00a Errands to RiteAid/ Library 9:30a Wednesday Warm-up with Joanne (MI) 10:00a Brain Games with Joanne (MI) 10:45a Exercise w/Sheilla (MR) 11:00a Pet Visits from MHS 1:00p Walking Group with Deb (Lobby) 2:00p Rosary (MI) 2:30p Gametime with Joanne (SR) 2:30p Scrabble with Ruth Wright (LR) 4:00p Ann Curtis (Pub) 6:30p Conversations with Cathy (LR)</p>	<p>9:30a Morning Stretch/Sing-Along with Caitlyn (MI) 9:30a Yoga with Chris (MR) 10:30a Communion with the Champneys (Library) 10:45a Bingo with Sandy or Deb (AR) 1:30p Lobby Shop (1:30-3:30) 2:00p Weekly Worship (MI) 2:00p Note: Kim and Minka are away this week 2:00p Memory Cafe with Annie Finn-Waddell (MR) 3:00p Gametime with Deb (SR) 4:15p Chillin n' Grillin and Jarvis! (One Seating, Outside) 6:00p Thursday Night Movie (LB)</p>	<p>9:00a This Week's Bible Study (Library) 9:00a Errands to Depot Square/ Library (Please sign up by 8:30 am) 9:30a Morning Stretch with Deb (MI) 10:00a Trivia/Brain Games with Deb (MI) 10:45a Exercises with Sheilla (MR) 1:30p Walking Group with Deb (Lobby) 2:30p Ice Cream Social with Deb (Pub or Outside) 4:00p Trivia Time with Caitlyn (Pub) 6:30p Movie Night (Pub)</p>	<p>HAPPY BIRTHDAY, SARAH A! 10:00a Morning Stretch with Caitlyn (MI) 10:15a Brain Games/ Reminiscing with Caitlyn (MI) 10:45a AL Bingo with Special Games (AR) 10:45a Saturday Sing-along (MI) 1:30p Walking Group with Joanne (Lobby) 1:45p Saturday Matinee (LB) 2:30p "World of Music" with Joanne 4:00p Trivia with Joanne (Pub) 6:30p Saturday Night Movie (Pub)</p>
5	6	7	8	9	10	11
<p>HAPPY BIRTHDAY, VURLYNE!! 9:00a Sunday Newspapers (Country Kitchen) 10:00a Monadnock Summer Lyceum: "Seven Times Salt" 1:30p Resident Games: Bananagrams! (SR) 1:45p Sunday Opera: "Eugene Onegin, Part 2" (Pub) 3:30p Lutheran Service and Hymn Sing (MI)</p>	<p>9:00a Errands to Shaw's/CVS/ Library (Please sign up) 9:30a Morning Stretch with Deb (MI) 10:00a Dance/Movement Therapy with Mary Armstrong (MI) 10:00a Trivia/Wordgames with Deb (MI) 10:30a Oldies Sing-Along (MI) 1:15p Reading Group with Margot (MI) 1:30p Scenic Ride with Deb (Please sign up) 2:45p "The Monday Uplift" with Barbara (LB) 4:00p Music with Folk Soul Duo (Pub) 6:30p Movie Night (Pub)</p>	<p>HAPPY BIRTHDAY, BETTY M!! 9:00a Trip to Magic Wings Butterfly Museum 9:30a Brain Games/Morning Stretch with Caitlyn (MI) 10:15a Sing Along with Mary Ann Fleming (MI) 10:45a Tuesday Bingo with Sandy or Deb (AR) 12:45p Hymn Sing with the Choppy Choir (MI) 1:30p Lobby Shop (1:30-3:30) 1:30p Read Aloud Group with Joanne (Library) 3:00p Walking Group with Deb (Lobby) 4:00p Tuesday Trivia with Joanne (Pub) 6:30p Movie Night (Pub)</p>	<p>HAPPY BIRTHDAY, JOAN F!! 9:00a Errands to RiteAid/ Library 9:30a Wednesday Warm-up with Joanne (MI) 10:00a Brain Games with Joanne (MI) 10:45a Exercise w/Sheilla (MR) 11:00a Pet Visits from MHS 1:00p Walking Group with Deb (Lobby) 2:00p Rosary (MI) 2:30p Gametime with Joanne (SR) 2:30p Scrabble with Ruth Wright (LR) 4:00p Ann Curtis (Pub) 6:30p Conversations with Cathy (LR)</p>	<p>9:30a Morning Stretch/Sing-Along with Caitlyn (MI) 9:30a Yoga with Chris Justice (MR) 10:30a Weekly Worship with Barbara Harlow (MI) 10:45a Bingo with Sandy or Deb (AR) 1:30p Lobby Shop (1:30-3:30) 1:30p Catholic Mass with Father Mike (MR) 2:30p Gametime with Deb: "Kings on the Corner" (SR) 4:15p Chillin n' Grillin and Jarvis! (One Seating, Outside) 6:00p Thursday Night Movie (LB)</p>	<p>9:00a This Week's Bible Study (Library) 9:00a Errands to Depot Square/ Library (Please sign up by 8:30 am) 9:30a Morning Stretch with Deb (MI) 10:00a Trivia/Brain Games with Deb (MI) 10:45a Exercises with Sheilla (MR) 1:30p Walking Group with Deb (Lobby) 2:30p Gametime with Deb (SR) 4:00p Lobster/Fest and Live Music! (Outside, weather permitting) 6:30p Movie Night (Pub)</p>	<p>10:00a Morning Stretch with Caitlyn (MI) 10:15a Brain Games/ Reminiscing with Caitlyn (MI) 10:45a AL Bingo with Special Games (AR) 10:45a Saturday Sing-along (MI) 1:30p Walking Group with Joanne (Lobby) 1:45p Saturday Matinee (LB) 2:30p Gametime with Joanne (SR) 4:00p Trivia Time! (Pub) 6:30p Saturday Night Movie (Pub)</p>
12	13	14	15	16	17	18
<p>9:00a Sunday Newspapers (Country Kitchen) 11:00a Sing-Along with Jarvis (MI) 1:30p Resident Games: Bananagrams! (SR) 1:45p Sunday Matinee (Pub)</p>	<p>9:00a Errands to Shaw's/CVS/ Library (Please sign up by 8:30 am) 9:30a Morning Stretch with Joanne (MI) 10:00a Trivia/Wordgames with Joanne (MI) 10:00a Outing to Dublin Historical: WWI Exhibit 10:30a Oldies Sing-Along (MI) 1:15p Reading Group with Margot (MI) 1:30p Scenic Ride with Deb (Please sign up) 2:45p "The Monday Uplift" with Barbara (LB) 4:00p Music with Chris Ekblom (Pub) 6:30p Movie Night (Pub)</p>	<p>9:00a Chef Chat with Aylmer (DR) 9:30a Free Rice with Deb (MR) 9:30a Brain Games/Morning Stretch with Caitlyn (MI) 10:15a Sing Along with Mary Ann Fleming (MI) 10:45a Tuesday Bingo with Sandy or Deb (AR) 1:30p Lobby Shop (1:30-3:30) 1:30p Read Aloud Group with Joanne (Library) 1:30p Outing to Smith's Cheese (Please sign up) 4:00p Tuesday Trivia with Joanne (Pub) 6:30p Movie Night (Pub)</p>	<p>9:00a Errands to RiteAid/ Library 9:30a Wednesday Warm-up with Joanne (MI) 10:00a Brain Games with Joanne (MI) 10:45a Exercise w/Sheilla (MR) 11:00a Pet Visits from MHS 1:00p Walking Group with Deb (Lobby) 1:30p Scrabble with Ruth and Joanne (LR) 2:00p Rosary (MI) 2:30p Summerhill Book Club (Library) 4:00p Ann Curtis (Pub) 6:30p Conversations with Cathy (LR)</p>	<p>9:30a Morning Stretch/Sing-Along with Caitlyn (MI) 9:30a Yoga with Chris Justice (MR) 10:30a Weekly Worship with Barbara Harlow (MI) 10:30a Communion with the Champneys (Library) 10:45a Bingo with Sandy or Deb (AR) 1:30p Lobby Shop (1:30-3:30) 2:00p UCC Worship with Pastor Bob (MI) 2:30p Gametime with Deb (SR) 4:15p Chillin n' Grillin and Jarvis! (One Seating, Outside) 6:00p Thursday Night Movie (LB)</p>	<p>9:00a This Week's Bible Study (Library) 9:00a Errands to Depot Square/ Library (Please sign up by 8:30 am) 9:30a Morning Stretch with Deb (MI) 10:00a Trivia/Brain Games with Deb (MI) 10:45a Exercises with Sheilla (MR) 1:30p Walking Group with Deb (Lobby) 2:30p Baking Group with Deb (SR) 4:00p Trivia Time with Caitlyn (Pub) 6:30p Movie Night (Pub)</p>	<p>10:00a Morning Stretch with Caitlyn (MI) 10:15a Brain Games/ Reminiscing with Caitlyn (MI) 10:45a AL Bingo with Special Games (AR) 10:45a Saturday Sing-along (MI) 1:30p Walking Group with Joanne (Lobby) 1:45p Saturday Matinee (LB) 2:30p "All About Birds" with Joanne (SR) 4:00p Trivia with Joanne (Pub) 6:30p Saturday Night Movie (Pub)</p>
19	20	21	22	23	24	25
<p>9:00a Sunday Newspapers (Country Kitchen) 1:30p Resident Games: Bananagrams! (SR) 1:45p Sunday Matinee (Pub)</p>	<p>9:00a Errands to Shaw's/CVS/ Library (Please sign up by 8:30 am) 9:30a Morning Stretch with Deb (MI) 10:00a Trivia/Wordgames with Deb (MI) 10:30a Oldies Sing-Along (MI) 11:00a Picnic in the Park! 1:15p Reading Group with Margot (MI) 1:30p Scenic Ride with Deb (Please sign up) 2:45p "The Monday Uplift" with Barbara (LB) 4:00p Trivia with Joanne (Pub) 6:30p Movie Night (Pub)</p>	<p>9:30a Free Rice with Deb (MR) 9:30a Brain Games/Morning Stretch with Caitlyn (MI) 10:15a Sing Along with Caitlyn (MI) 10:45a Tuesday Bingo with Sandy or Deb (AR) 1:30p Lobby Shop (1:30-3:30) 1:30p Read Aloud Group with Joanne (Library) 2:30p "Pottery 101" with Joanne (AR) 3:00p Walking Group with Deb (Lobby) 4:00p Tuesday Trivia with Joanne (Pub) 6:30p Movie Night (Pub)</p>	<p>9:00a Errands to RiteAid/ Library 9:30a Wednesday Warm-up with Joanne (MI) 10:00a Brain Games with Joanne (MI) 10:45a Exercise w/Sheilla (MR) 11:00a Pet Visits from MHS 1:00p Walking Group with Deb (Lobby) 2:00p Rosary (MI) 2:30p Gametime with Joanne (SR) 2:30p Scrabble with Ruth Wright (LR) 4:00p Ann Curtis (Pub) 6:30p Conversations with Cathy (LR)</p>	<p>9:30a Morning Stretch/Sing-Along with Caitlyn (MI) 9:30a Yoga with Chris Justice (MR) 10:30a Weekly Worship with Barbara Harlow (MI) 10:30a Communion with the Champneys (Library) 10:45a Bingo with Sandy or Deb (AR) 1:30p Lobby Shop (1:30-3:30) 2:30p Gametime with Deb: Mexican Train (SR) 4:15p Chillin n' Grillin and Jarvis! (One Seating, Outside) 6:00p Thursday Night Movie (LB)</p>	<p>9:00a This Week's Bible Study (Library) 9:00a Errands to Depot Square/ Library (Please sign up by 8:30 am) 9:30a Morning Stretch with Deb (MI) 10:00a Trivia/Brain Games with Deb (MI) 10:45a Exercises with Sheilla (MR) 1:30p Walking Group with Deb (Lobby) 2:30p Afternoon Tea with Deb (SR) 4:00p Trivia Time with Caitlyn (Pub) 6:30p Movie Night (Pub)</p>	<p>10:00a Morning Stretch with Caitlyn (MI) 10:15a Brain Games/ Reminiscing with Caitlyn (MI) 10:45a AL Bingo with Special Games (AR) 10:45a Saturday Sing-along (MI) 1:30p Walking Group with Joanne (Lobby) 1:45p Saturday Matinee (LB) 2:30p Gametime with Joanne (SR) 4:00p Trivia with Joanne (Pub) 4:00p Saxophone Music with Mike Wakefield (Pub) 6:30p Saturday Night Movie (Pub)</p>
26	27	28	29	30	31	
<p>9:00a Sunday Newspapers (Country Kitchen) 10:00a Summer Lyceum: Kate Braestrup (Please sign up) 11:00a Sing-Along with Jarvis (MI) 1:30p Resident Games: Bananagrams! (SR) 1:45p Sunday Matinee (Pub)</p>	<p>9:00a Errands to Shaw's/CVS/ Library (Please sign up by 8:30 am) 9:30a Morning Stretch with Deb (MI) 10:00a Trivia/Wordgames with Deb (MI) 10:30a Oldies Sing-Along (MI) 1:15p Reading Group with Margot (MI) 1:30p Scenic Ride with Deb (Please sign up) 2:45p "The Monday Uplift" with Barbara (LB) 4:00p Piano Music with Bob Pettegrew (Pub) 6:30p Movie Night (Pub)</p>	<p>9:30a Free Rice with Deb (MR) 9:30a Brain Games/Morning Stretch with Caitlyn (MI) 10:15a Sing Along with Caitlyn (MI) 10:45a Tuesday Bingo with Sandy or Deb (AR) 1:30p Lobby Shop (1:30-3:30) 1:30p "What's My Line" with Joanne (SR) 2:00p Note: There is no Episcopal Service this month 3:00p Walking Group with Deb (Lobby) 4:00p Tuesday Trivia with Joanne (Pub) 6:30p Movie Night (Pub)</p>	<p>9:00a Errands to RiteAid/ Library 9:30a Wednesday Warm-up with Joanne (MI) 10:00a Brain Games with Joanne (MI) 10:45a Exercise w/Sheilla (MR) 11:00a Pet Visits from MHS 1:00p Walking w/ Deb (Lobby) 1:30p Outing to Farmer's Market 2:00p Rosary (MI) 2:30p Gametime w/Joanne (SR) 2:30p Scrabble with Ruth Wright (LR) 4:00p Ann Curtis (Pub) 6:30p Conversations with Cathy (LR)</p>	<p>9:30a Morning Stretch/Sing-Along with Caitlyn (MI) 9:30a Yoga with Chris Justice (MR) 10:30a Weekly Worship with Barbara Harlow (MI) 10:30a Communion with the Champneys (Library) 10:45a Bingo with Sandy or Deb (AR) 1:30p Lobby Shop (1:30-3:30) 2:00p Gametime with Deb (SR) 4:15p Chillin n' Grillin and Jarvis! (One Seating, Outside) 6:00p Thursday Night Movie (LB)</p>	<p>9:00a This Week's Bible Study (Library) 9:00a Errands to Depot Square/ Library (Please sign up by 8:30 am) 9:30a Morning Stretch with Deb (MI) 10:00a Trivia/Brain Games with Deb (MI) 10:45a Exercises with Sheilla (MR) 2:00p Music with Folk Soul Duo (MR) 3:15p Walking Group with Deb (Lobby) 4:00p Trivia Time with Caitlyn (Pub) 6:30p Movie Night (Pub)</p>	