

# Summerhill Assisted Living~ Meadows

## August 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00a Stretch & Sing MI 10:30a Morning Stretch MII 12:45p Movie MII 1:00p Bingo! MI 2:30p Movie! MI 2:45p Tea and Chat
2 9:00a Exercise & SingAlong MI 10:30a Morning Stretch! (MII) 12:45p Movie MII 1:00p Bingo MI 2:30p Movie! MI 2:45p Bingo! MII	3 9:00a Morning Stretch MI 10:15a Morning Stretch MII 12:45p Movie MII 1:00p Bingo! MI 2:30p Movie! MI 2:45p Bingo or Piano - MII	4 9:00a Dancercise! MI 10:15a Morning Stretch MII 12:45p Movie! MII 1:00p Bingo - MI 2:30p Movie MI 2:45p Bingo or Piano MII	5 Happy Birthday Vurlyne C! 9:00a Stretcherize- MI 10:15a Morning Stretch MII 12:45p Movie! MII 1:00p Bingo (MI) 2:30p Movie MI 2:45p Tea/chat MI	6 9:00a Dancercise! MI 10:00a Sing Along! MII 10:15a Morning Stretch MII 12:45p Movie!(MII) 1:00p Bingo (MI) 2:30p Movie! (MI) 2:45p Tea and chat MII	7 9:00a Stretcherize MI & MII 10:15a Sing Along! MII and MII 12:45p Movie- MII 1:00p Bingo! MI 2:30p Movie! (MI) 2:45p Tea & Chat MII	8 Happy Birthday Joan F! 9:00a Stretch & Sing MI 10:30a Morning Stretch MII 12:45p Movie MII 1:00p Bingo! MI 2:30p Movie! MI 2:45p Tea and Chat
9 Happy Birthday Jeralyn F! 9:00a Exercise & SingAlong MI 10:30a Morning Stretch! (MII) 12:45p Movie MII 1:00p Bingo MI 2:30p Movie! MI 2:45p Bingo! MII	10 9:00a Morning Stretch MI 10:15a Morning Stretch MII 12:45p Movie MII 1:00p Bingo! MI 2:30p Movie! MI 2:45p Bingo or Piano - MII	11 9:00a Dancercise! MI 10:15a Morning Stretch MII 12:45p Movie! MII 1:00p Bingo - MI 2:30p Movie MI 2:45p Bingo or Piano MII	12 9:00a Stretcherize- MI 10:15a Morning Stretch MII 12:45p Movie! MII 1:00p Bingo (MI) 2:30p Movie MI 2:45p Tea/chat MI	13 9:00a Dancercise! MI 10:15a Morning Stretch MII 12:45p Movie!(MII) 1:00p Bingo (MI) 2:30p Movie! (MI) 2:45p Tea and chat MII	14 9:00a Stretcherize MI & MII 10:15a Sing Along! MII and MII 12:45p Movie- MII 1:00p Bingo! MI 2:30p Movie! (MI) 2:45p Tea & Chat MII	15 9:00a Stretch & Sing MI 10:30a Morning Stretch MII 12:45p Movie MII 1:00p Bingo! MI 2:30p Movie! MI 2:45p Tea and Chat
16 9:00a Exercise & SingAlong MI 10:30a Morning Stretch! (MII) 12:45p Movie MII 1:00p Bingo MI 2:30p Movie! MI 2:45p Bingo! MII	17 9:00a Morning Stretch MI 10:15a Morning Stretch MII 12:45p Movie MII 1:00p Bingo! MI 2:30p Movie! MI 2:45p Bingo or Piano - MII	18 9:00a Dancercise! MI 10:15a Morning Stretch MII 12:45p Movie! MII 1:00p Bingo - MI 2:30p Movie MI 2:45p Bingo or Piano MII	19 9:00a Stretcherize- MI 10:15a Morning Stretch MII 12:45p Movie! MII 1:00p Bingo (MI) 2:30p Movie MI 2:45p Tea/chat MI	20 9:00a Dancercise! MI 10:15a Morning Stretch MII 12:45p Movie!(MII) 1:00p Bingo (MI) 2:30p Movie! (MI) 2:45p Tea and chat MII	21 9:00a Stretcherize MI & MII 10:15a Sing Along! MII and MII 12:45p Movie- MII 1:00p Bingo! MI 2:30p Movie! (MI) 2:45p Tea & Chat MII	22 9:00a Stretch & Sing MI 10:30a Morning Stretch MII 12:45p Movie MII 1:00p Bingo! MI 2:30p Movie! MI 2:45p Tea and Chat
23 9:00a Exercise & SingAlong MI 10:30a Morning Stretch! (MII) 12:45p Movie MII 1:00p Bingo MI 2:30p Movie! MI 2:45p Bingo! MII	24 9:00a Morning Stretch MI 10:15a Morning Stretch MII 12:45p Movie MII 1:00p Bingo! MI 2:30p Movie! MI 2:45p Bingo or Piano - MII	25 9:00a Dancercise! MI 10:15a Morning Stretch MII 12:45p Movie! MII 1:00p Bingo - MI 2:30p Movie MI 2:45p Bingo or Piano MII	26 9:00a Stretcherize- MI 10:15a Morning Stretch MII 12:45p Movie! MII 1:00p Bingo (MI) 2:30p Movie MI 2:45p Tea/chat MI	27 9:00a Dancercise! MI 10:00a Sing Along! MII 10:15a Morning Stretch MII 12:45p Movie!(MII) 1:00p Bingo (MI) 2:30p Movie! (MI) 2:45p Tea and chat MII	28 9:00a Stretcherize MI & MII 10:15a Sing Along! MII and MII 12:45p Movie- MII 1:00p Bingo! MI 2:30p Movie! (MI) 2:45p Tea & Chat MII	29 9:00a Stretch & Sing MI 10:30a Morning Stretch MII 12:45p Movie MII 1:00p Bingo! MI 2:30p Movie! MI 2:45p Tea and Chat
30 9:00a Exercise & SingAlong MI 10:30a Morning Stretch! (MII) 12:45p Movie MII 1:00p Bingo MI 2:30p Movie! MI 2:45p Bingo! MII	31 9:00a Morning Stretch MI 10:15a Morning Stretch MII 12:45p Movie MII 1:00p Bingo! MI 2:30p Movie! MI 2:45p Bingo or Piano - MII					

*Zoom/Facetime with family 9 - 2 pm Monday - Friday*